

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Main</u> Chicken Tikka Masala served with nann bread and pilau rice	<u>Main</u> Toad in hole served with onion gravy	<u>Main</u> Spaghetti bolognaise served with garlic bread	<u>Main</u> Roast gammon served with homemade sausagemeat stuffing	<u>Main</u> Battered pollock served with homemade tartar sauce
<u>Vegetarian</u> Vegetable Samosa served with mango and chilli dipping sauce	<u>Vegetarian</u> Bubble and squeak bake	<u>Vegetarian</u> Spinach and ricotta cannelloni	<u>Vegetarian</u> Roast vegetable quiche served with new potatoes and salad	<u>Vegetarian</u> Deep-pan pizza with tomato and mozzarella
<u>Snacks</u> Hot baguette of the day Pasta bowl of the day Soup of the day	<u>Snacks</u> Hot baguette of the day Pasta bowl of the day Soup of the day	<u>Snacks</u> Hot baguette of the day Snack of the day Soup of the day	<u>Snacks</u> Hot baguette of the day Pasta bowl of the day Soup of the day	<u>Snacks</u> Hot baguette of the day Soup of the day
<u>Accompaniments</u> Pilau rice Vegetable selection Mixed salad	<u>Accompaniments</u> Mashed potatoes Vegetable selection Mixed salad	<u>Accompaniments</u> Vegetable selection Mixed salad Garlic bread	<u>Accompaniments</u> Roast potatoes Vegetable selection Mixed salad	<u>Accompaniments</u> Skin on fries Baked beans or peas Mixed salad
<u>Hot Pudding</u> Blackcurrant Jam sponge	<u>Hot Pudding</u> Lemon meringue pie	<u>Hot Pudding</u> Chocolate fudge pudding	<u>Hot Pudding</u> Rhubarb, apple and strawberry crumble	<u>Hot Pudding</u> Toffee banana sponge
<u>Cold Pudding</u> Fresh fruit salad Rainbow jellies Homemade biscuit or cake Homemade cheesecake Homemade trifle	<u>Cold Pudding</u> Fresh fruit salad Rainbow jellies Homemade biscuit or cake Homemade cheesecake Homemade trifle	<u>Cold Pudding</u> Fresh fruit salad Rainbow jellies Homemade biscuit or cake Homemade cheesecake Homemade trifle	<u>Cold Pudding</u> Fresh fruit salad Rainbow jellies Homemade biscuit or cake Homemade cheesecake Homemade trifle	<u>Cold Pudding</u> Fresh fruit salad Rainbow jellies Homemade biscuit or cake Homemade cheesecake Homemade trifle

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Main</u> Mexican Beef Lasagne with a crunchy nacho cheese topping	<u>Main</u> Chicken and vegetable Hot-pot	<u>Main</u> Chinese pork steak served with sweet and sour sauce	<u>Main</u> Roast turkey with homemade sausage meat stuffing	<u>Main</u> Battered pollock served with homemade tartar sauce
<u>Vegetarian</u> Smokey vegetable and bean potato skins served with sour cream and salad	<u>Vegetarian</u> Potato, cheese and leek crisp bake served with tomato sauce	<u>Vegetarian</u> Vegetable spring roll served with sweet chilli dipping sauce	<u>Vegetarian</u> Cherry tomato, mozzarella and basil fritatta	<u>Vegetarian</u> Deep-pan pizza with tomato and mozzarella
<u>Snacks</u> Hot baguette of the day Pasta bowl of the day Soup of the day	<u>Snacks</u> Hot baguette of the day Pasta bowl of the day Soup of the day	<u>Snacks</u> Hot baguette of the day Pasta bowl of the day Soup of the day	<u>Snacks</u> Hot baguette of the day Pasta bowl of the day Soup of the day	<u>Snacks</u> Hot baguette of the day Soup of the day
<u>Accompaniments</u> Garlic bread Vegetable selection Mixed salad	<u>Accompaniments</u> Mashed potato Vegetable selection Mixed salad	<u>Accompaniments</u> Chow-mein noodles Vegetable selection Mixed salad	<u>Accompaniments</u> Roast potatoes Vegetable selection Mixed salad	<u>Accompaniments</u> Skin on fries Baked beans or peas Mixed salad
<u>Hot Pudding</u> Raspberry and coconut sponge	<u>Hot Pudding</u> Belgian waffles with chocolate sauce	<u>Hot Pudding</u> Peach and blueberry cobbler	<u>Hot Pudding</u> Apple and blackberry crumble	<u>Hot Pudding</u> Treacle sponge
<u>Cold Pudding</u> Fresh fruit salad Rainbow jellies Homemade biscuit or cake Homemade cheesecake Homemade trifle	<u>Cold Pudding</u> Fresh fruit salad Rainbow jellies Homemade biscuit or cake Homemade cheesecake Homemade trifle	<u>Cold Pudding</u> Fresh fruit salad Rainbow jellies Homemade biscuit or cake Homemade cheesecake Homemade trifle	<u>Cold Pudding</u> Fresh fruit salad Rainbow jellies Homemade biscuit or cake Homemade cheesecake Homemade trifle	<u>Cold Pudding</u> Fresh fruit salad Rainbow jellies Homemade biscuit or cake Homemade cheesecake Homemade trifle

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Main</u> Chicken bhuna served with poppadums and pilau rice	<u>Main</u> Cottage pie with a cheddar cheese crust	<u>Main</u> Cheesy chicken and bacon pasta bake served with salad	<u>Main</u> Roast beef served with homemade Yorkshire pudding	<u>Main</u> Battered pollock served with homemade tartar sauce
<u>Vegetarian</u> Onion bhajis burger served with salad and spiced dressing	<u>Vegetarian</u> Veggie sausage casserole	<u>Vegetarian</u> Roasted vegetable lasagne served with salad	<u>Vegetarian</u> Cauliflower, broccoli and potato bake	<u>Vegetarian</u> Deep-pan pizza with tomato and mozzarella
<u>Snacks</u> Hot baguette of the day Pasta bowl of the day Soup of the day	<u>Snacks</u> Hot baguette of the day Pasta bowl of the day Soup of the day	<u>Snacks</u> Hot baguette of the day Snack of the day Soup of the day	<u>Snacks</u> Hot baguette of the day Pasta bowl of the day Soup of the day	<u>Snacks</u> Hot baguette of the day Soup of the day
<u>Accompaniments</u> Pilau rice Vegetable selection Mixed salad	<u>Accompaniments</u> Mashed potatoes Vegetable selection Mixed salad	<u>Accompaniments</u> Garlic bread Vegetable selection Mixed salad	<u>Accompaniments</u> Roast potatoes Vegetable selection Mixed salad	<u>Accompaniments</u> Skin on fries Baked beans or peas Mixed salad
<u>Hot Pudding</u> Lemon drizzle	<u>Hot Pudding</u> Cherry shortcake	<u>Hot Pudding</u> Caramel sponge	<u>Hot Pudding</u> Apple and pear crumble	<u>Hot Pudding</u> Chocolate and banana swirl cake
<u>Cold Pudding</u> Fresh fruit salad Rainbow jellies Homemade biscuit or cake Homemade cheesecake Homemade trifle	<u>Cold Pudding</u> Fresh fruit salad Rainbow jellies Homemade biscuit or cake Homemade cheesecake Homemade trifle	<u>Cold Pudding</u> Fresh fruit salad Rainbow jellies Homemade biscuit or cake Homemade cheesecake Homemade trifle	<u>Cold Pudding</u> Fresh fruit salad Rainbow jellies Homemade biscuit or cake Homemade cheesecake Homemade trifle	<u>Cold Pudding</u> Fresh fruit salad Rainbow jellies Homemade biscuit or cake Homemade cheesecake Homemade trifle

Week 4

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Main</u> Smokey BBQ chicken Fajitas	<u>Main</u> Traditional beef lasagne	<u>Main</u> Chinese chicken curry served with prawn crackers	<u>Main</u> Roast pork with sage and onion stuffing	<u>Main</u> Battered pollock served with homemade tartar sauce
<u>Vegetarian</u> Tex-Mex bean burger with salsa	<u>Vegetarian</u> Mediterranean vegetable and goats cheese tart	<u>Vegetarian</u> Homemade falafel served in a pitta bread with salad and chilli sauce	<u>Vegetarian</u> Four cheese tortellini bake served with garlic bread and salad	<u>Vegetarian</u> Deep-pan pizza with tomato and mozzarella
<u>Snacks</u> Snack of the day Pasta bowl of the day Soup of the day	<u>Snacks</u> Hot baguette of the day Pasta bowl of the day Soup of the day	<u>Snacks</u> Hot baguette of the day Pasta bowl of the day Soup of the day	<u>Snacks</u> Hot baguette of the day Pasta bowl of the day Soup of the day	<u>Snacks</u> Hot baguette of the day Soup of the day
<u>Accompaniments</u> Baked cajun wedges Vegetable selection Mixed salad	<u>Accompaniments</u> Garlic bread Vegetable selection Mixed salad	<u>Accompaniments</u> Egg fried rice Vegetable selection Mixed salad	<u>Accompaniments</u> Roast potatoes Vegetable selection Mixed salad	<u>Accompaniments</u> Skin on fries Baked beans or peas Mixed salad
<u>Hot Pudding</u> Strawberry jam pudding	<u>Hot Pudding</u> American pancakes with maple syrup	<u>Hot Pudding</u> Summer berry pudding	<u>Hot Pudding</u> Apple crumble	<u>Hot Pudding</u> Sticky toffee pudding
<u>Cold Pudding</u> Fresh fruit salad Rainbow jellies Homemade biscuit or cake Homemade cheesecake Homemade trifle	<u>Cold Pudding</u> Fresh fruit salad Rainbow jellies Homemade biscuit or cake Homemade cheesecake Homemade trifle	<u>Cold Pudding</u> Fresh fruit salad Rainbow jellies Homemade biscuit or cake Homemade cheesecake Homemade trifle	<u>Cold Pudding</u> Fresh fruit salad Rainbow jellies Homemade biscuit or cake Homemade cheesecake Homemade trifle	<u>Cold Pudding</u> Fresh fruit salad Rainbow jellies Homemade biscuit or cake Homemade cheesecake Homemade trifle