

Muffins Ingredients



250g self-raising flour

2 teaspoons baking powder

230ml semi-skimmed milk

8 muffin cases

60ml oil

1 egg

Sweet option: 50g caster sugar

Method

- ❖ **Preheat the oven to 180c. Place the muffin cases in a muffin cake tin**
- ❖ **Place flour and baking powder into a large mixing bowl. Add the sugar if making the sweet option or your chosen optional ingredients and stir**
- ❖ **In a large jug, beat the milk, egg and oil using a fork. Add to flour, mix and beat to form a smooth batter**
- ❖ **Divide the mixture between the 8 muffin cases**
- ❖ **Bake in the oven for 15-20mins or until golden brown**

Level 4	Level 5	Level 6
With some accuracy & little support student can combine ingredients, obtain mixture to the correct consistency, divide equally and test when muffins are ready	Student works independently to combine ingredients to obtain the right consistency,, divide equally testing when ready	Student is able to work independently to get mixture to correct consistency, dividing equally and checking when muffins are cooked, adjusting cooking time if necessary producing an excellent product