

Pasta Salad Ingredients



200g Pasta Shapes

3-5 Ingredients from the list

10cm Piece of Cucumber

Half a pepper

50g Sweetcorn

25g Sultanas

Half a celery Stick

A few cherry tomatoes

50g Sweetcorn

25g Sultanas

Half a celery Stick

A few cherry tomatoes

A red apple

1 Carrot

2 Spring Onions

Dressing:

2 Tablespoons of oil

1 Table of Vinegar or Lemon Juice

Pinch of Sugar

Salt & Pepper

Half teaspoon dried mustard (optional)

OR

3-4 Tablespoons Salad Cream or Mayonnaise

Method

Get a Medium sized Saucepan and fill to halfway with water.

Prepare your vegetables whilst this is cooking

When your water has boiled carefully put the pasta into the water

Continue preparing your vegetables

Once the Pasta is soft and ready, drain carefully and put into your bowl.

Add your vegetables and mix

Add your Oil.