



# Kettering Science Academy

## FAMILY SUPPORT

Safeguarding Team contact details.

Ms Claire Greaves - Designated Safeguarding Lead (Vice Principal)  
[cgreaves@ketteringscienceacademy.org](mailto:cgreaves@ketteringscienceacademy.org)

Mrs Laurie Chapman - Deputy Safeguarding Lead (Safeguarding Officer)  
[lchapman@ketteringscienceacademy.org](mailto:lchapman@ketteringscienceacademy.org)

Miss Kayleigh Incles - Deputy Safeguarding Lead (SENCO)  
[kincles@ketteringscienceacademy.org](mailto:kincles@ketteringscienceacademy.org)

Mrs Victoria Matcham - Deputy Safeguarding Lead (Early Help Student Support Officer)  
[vmatcham@ketteringscienceacademy.org](mailto:vmatcham@ketteringscienceacademy.org)

Mrs Nicola Heighton - Deputy Safeguarding Lead (Education Welfare Officer)  
[nheighton@ketteringscienceacademy.org](mailto:nheighton@ketteringscienceacademy.org)

Call the Academy on 01536 532700 or email.











## INFORMATION FOR PARENTS & CARERS

Safeguarding		
	Northamptonshire Local Safeguarding Partnership	<a href="http://www.northamptonshirescb.org.uk/">http://www.northamptonshirescb.org.uk/</a>
	The <b>NSPCC</b> is the UK's leading children's charity, preventing abuse and helping those affected to recover.	<a href="https://www.nspcc.org.uk/">https://www.nspcc.org.uk/</a>
	We are a grassroots federation working together to provide life-saving services and build a future where domestic violence is not tolerated	<a href="https://www.womensaid.org.uk/">https://www.womensaid.org.uk/</a> 
	Sunflower Centre is a partnership-funded service that works closely with Voice to provide non-judgemental specialist support to victims of domestic abuse.	<a href="http://voicenorthants.org/victims/about-voice-northants/sunflower-centre/">http://voicenorthants.org/victims/about-voice-northants/sunflower-centre/</a>
<b>Recognising Child Sexual Exploitation</b> 	The Reducing Incidents of Sexual Exploitation (RISE) unit is the multi-agency team which exists to prevent and protect young people from CSE and prosecute offenders. RISE includes police officers, CAN, youth workers, Children's Social Care workers and a professional within health and education.	Contact the Child Safeguarding Team 0300 126 1000 Or Northamptonshire Police on 101 or 999 in an emergency
Mental Health and Wellbeing		
	Northamptonshire MIND run daily Crisis Café's for support for adults with mental health and wellbeing	<a href="https://www.nhft.nhs.uk/download.cfm?doc=docm93jijm4n8848">https://www.nhft.nhs.uk/download.cfm?doc=docm93jijm4n8848</a>
	Crisis Café for young people aged 12-18	Thursday 4pm-8pm at Youthworks, Keystone Centre, 97 Rockingham Road, Kettering NN16 9HX
	Youthworks counselling/emotional wellbeing	Main line: 01536 518339 Counselling is via self-referral on their website <a href="https://www.youthworksnorthamptonshire.org.uk/counselling-and-support-services/Pages/counselling-for-young-people.aspx">https://www.youthworksnorthamptonshire.org.uk/counselling-and-support-services/Pages/counselling-for-young-people.aspx</a>
 Where Young Minds Matter	CAMHS are here to support children and young people up to the age of 18 in Northamptonshire. Experiencing difficulties with their emotional wellbeing and mental health difficulties. The team offer a range of interventions and	Live chat - Talk to us on CAMHS live 9am-7pm Monday - Friday - click 'Chat Live now! <a href="https://www.nhft.nhs.uk/camhslive">https://www.nhft.nhs.uk/camhslive</a> Phone - the consultation line for parents, carers, young people and professionals

	<p>therapies delivered individually or in groups, in partnership with families in a number of localities.</p>	<p>9am-7pm Monday - Friday - call 0300 1111 022, option 1, option 1. Text a school nurse - for friendly, helpful advice. This service is designed for 11-19 year olds: 07507 329 600 Monday - Friday 9am-4pm</p> <p>If your child is in a crisis, at risk of self-harm or suicide: Call consultation line 9am-7pm Monday - Friday - call 0300 1111 022, option 1, option 1 Text Shout to 85258 at any time day or night.</p>
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**Welfare/family issues**

<p><b>Guiding Young Minds (GYM)</b></p> 	<p>A service set up to help support children and young people experiencing difficulties in life.</p>	<p>Twitter: @gymintervention</p> <p>To make a referral please contact Assist Trauma Care 01788 551 919 <a href="mailto:admin@assisttraumacare.org.uk">admin@assisttraumacare.org.uk</a></p>
 <p><b>Service Six</b> Changing Lives • Create Futures</p>	<p>Targeting and Reducing Grooming Exploitation and Trading of Children and Young People.</p>	<p>Claire Connelly 07813 366240</p> <p><a href="mailto:Claire.connelly@servicesix.co.uk">Claire.connelly@servicesix.co.uk</a></p>
<p><b>Free2talk</b></p> 	<p>We support children, families, and communities break the cycle of poverty by empowering people of all ages to dream, aspire and achieve. We do this through Youth Work, Parenting and Wellbeing Group work, &amp; Community Development.</p>	<p><a href="mailto:enquiries@free2talkcic.org">enquiries@free2talkcic.org</a></p> <p>07394562572</p> <p>Address: Free 2 Talk, Blackthorn Nursery &amp; Family Centre, Blackthorn Bridge Court, Northampton, NN3 8QH.</p>
<p><b>Online Safety</b></p> 	<p>Northamptonshire County Councils Online Safety and Wellbeing Officer has been in post for 5 years delivering workshops across the county to children and young people around online safety and wellbeing. Our aim is to empower young people and children to use the internet positively and safely across the county.</p>	<p><a href="mailto:onlinesafety@northamptonshire.gov.uk">onlinesafety@northamptonshire.gov.uk</a></p>
	<p>E safety – there is lots of information on the school website</p>	<p><a href="http://www.ketteringscienceacademy.org/page/?title=E%2DSafety&amp;pid=110">http://www.ketteringscienceacademy.org/page/?title=E%2DSafety&amp;pid=110</a></p>
<p><b>Northamptonshire Young Carers Service</b></p> 	<p>The Young Carers Service will assess a family on an individual basis taking into account that the impact of the young person's role may differ depending on age and other family circumstances. The Young Carers Service offers 1-1 support, social</p>	<p>01933 677837 <a href="mailto:YoungCarersTeam@northamptonshire-carers.org">YoungCarersTeam@northamptonshire-carers.org</a></p>

	activities, groups, advocacy and family support (such as signposting to relevant agencies).	
<b>First for Wellbeing</b>	The First for Wellbeing team understand that there are many things that can affect people's ability to feel healthy and remain independent. The team can offer individual support to help address any needs. All adults with a Northamptonshire postcode who are in need of information, advice and support.	<a href="https://www.neneccg.nhs.uk/your-health/first-for-wellbeing.htm">https://www.neneccg.nhs.uk/your-health/first-for-wellbeing.htm</a>
<b>Accommodation Concern</b>	Independent anti-poverty housing advice and homelessness prevention	01536 416 560
<b>Citizens Advice Bureau</b>	Help and advice for parents	Appointments 01536 482 281 Advice Line 03444 111444
<b>Serenity</b>	For victims of sexual abuse	<a href="https://www.nhft.nhs.uk/serenity">https://www.nhft.nhs.uk/serenity</a>
<b>Kettering Food Bank</b>	For families in need	Praise Community Church, Alexander Street, Kettering. Drop in: Tuesday's 9.30-12.30 Wednesday 9.30-12.30 Thursday 7 – 9pm <a href="https://www.ketteringfoodbank.org/">https://www.ketteringfoodbank.org/</a>
<b>Kettering District Foodbank (Trussell Trust)</b>	For families in need	Kettering Centre for the Unemployed (KCU) 01536 581 989 <a href="https://www.trusselltrust.org/get-help/find-a-foodbank/kettering-district-foodbank/">https://www.trusselltrust.org/get-help/find-a-foodbank/kettering-district-foodbank/</a>
<b>Northants Long Term Intensive Support</b> 	Northamptonshire Family Support Service' (FSS) is a countywide service that delivers intensive family support in and out of the home. The FSS team comprises of two services – Family Intervention Project (FIP) and Medium Intensive Intervention Service (MIIS), offering either three or six months support to families with children aged between 5-18 years at either level 3 or level 4.	Contact Information: Main Office – 01604 584312  Team Leaders: Sophie Gardner: 07718114048 <a href="mailto:Sophie.Gardner@actionforchildren.org.uk">Sophie.Gardner@actionforchildren.org.uk</a>  Jenny Flynn: 07718113988 <a href="mailto:Jenny.Flynn@actionforchildren.org.uk">Jenny.Flynn@actionforchildren.org.uk</a>
<b>Home Start</b> 	Home-Start helps families with young children deal with whatever life throws at them. We support parents as they learn to cope, improve their confidence and build better lives for their children. The benefits of our support include improved health and well-being and better family relationships.	Home-Start Kettering, William Knibb Centre, Montagu Street, Kettering, NN16 8AE.  01536 484318

<p><b>NDAS Northants Domestic Abuse Service</b></p> 	<p>Help and support for victims of domestic abuse in Northamptonshire offering advice refuge workshops support for men women young people and children</p>	<p>0300 0120154</p>
<p><b>Sunflower Centre Kettering</b> Borough Council</p>	<p>Non-judgemental specialist support for victims of domestic violence</p>	<p>01604 888 211</p>
<p><b>Voice</b></p> 	<p>Confidential support for victims and witnesses of crime</p>	<p>0300 303 1965 <a href="https://voicenorthants.org/">https://voicenorthants.org/</a></p>
<p><b>Family Support Link</b></p>	<p>Aim is to reduce physical psychological and emotional harm caused to families and individuals caring for someone who is addicted to drugs or alcohol</p>	<p>01933 227 078</p>
<p><b>NGAGE</b></p> 	<p>Work with young people aged 10-18 years across Northamptonshire to provide early intervention drug and alcohol services. Provision of 1:1/ Group sessions and workshops.</p>	<p>Type of service: Advice And Support Address: 81 St Giles Street, Northampton. Telephone number:01604 633848 Email address: <a href="mailto:ypnorthamptonshire@aquarius.org.uk">ypnorthamptonshire@aquarius.org.uk</a> Website: <a href="https://aquarius.org.uk/our-services/ngage-northamptonshire/">https://aquarius.org.uk/our-services/ngage-northamptonshire/</a></p>
<p><b>The Big World</b></p> 	<p>Service to help people to communicate verbally and visually. Telephone interpretation service</p>	<p>0800 757 3025 <a href="mailto:tis@thebigworld.com">tis@thebigworld.com</a> <a href="http://www.thebigworld.com">www.thebigworld.com</a></p>
<p><b>Northamptonshire Early Help Assessment</b></p> 	<p>EHA is a simple way to help identify needs of children and families and make a plan to meet those needs. It is designed to be a shared tool which can be used by all agencies in Northamptonshire who are delivering early help. It is a standardised approach so that all children and families have the same experience of exploring their needs, strengths and challenges.</p>	<p>You can find the EHA, the EHA handbook and all associated documents online at <a href="http://www.northamptonshire.gov.uk/earlyhelp">www.northamptonshire.gov.uk/earlyhelp</a></p> <p>Any colleagues without web access should contact the Early Help Support Service for copies 0300 126 1000 (option 1 then option 2) or email <a href="mailto:earlyhelpsupport@northamptonshire.gov.uk">earlyhelpsupport@northamptonshire.gov.uk</a></p>