

Wellbeing Drop-In



We all have the right to feel safe all the time.

We can talk with someone about anything, even if it feels awful or small.

Years	Day	Time	Where	Who
7-11	Monday	8.15-8.40	Wellbeing Room	Mrs Nelson
7-11	Tuesday	12.30-1/ 1.30-2	Wellbeing Room	Mrs Head
7-11	Wednesday	3-3.30	Wellbeing Room	Mrs Clark
7-11	Thursday	12.30-1/ 1.30-2	Wellbeing Room	Mrs Head
7-11	Friday	8.15-8.40	Wellbeing Room	Mrs Nelson
12/13	Email Mrs Head for a time slot ahead@ketteringscienceacademy.org			



Mrs Nelson



The Wellbeing Room is just off Reception next to the Medical Room.

You can also email helpme@ketteringscienceacademy.org anytime and a member of staff will speak with you as soon as they can. Don't worry alone, ask for help. A problem shared is a problem halved. We are all in this together ©

Mrs Head



Mrs Clark

'Being the best you can be'