

## A PARENTS GUIDE – Year 11

### Helping to prepare a young person for the future



At **Kettering Science Academy**, we offer our students an effective career guidance programme to help them to reach their full potential. Our careers programme provides students with personalised, impartial and timely information, which helps and supports them to make informed decisions about their future pathway. It helps to implement a lifelong approach to learning and supports engagement at all transitional points as well as increasing their understanding about LMI (Labour Market Information).

It can be difficult to know, at any age, what career or job a person would like, and helping and advising about future pathways into the world of work can be a challenge.

**HOWEVER, PLEASE BE AWARE THAT WE ARE HERE TO SUPPORT YOU AND YOUR YOUNG PERSON DURING THIS TIME OF SELF- ISOLATION.**

We would like to introduce you to some resources, which will support, and help you to prepare a young person who may still be exploring and identifying their next pathway and we would like to take this opportunity to remind you that **Julie Thompson, our careers advisor is available.**

She can provide information, support and guidance by email to both parents and students by email [jthompson@ketteringscienceacademy.org](mailto:jthompson@ketteringscienceacademy.org)



The world of work is becoming increasingly complex for young people. Many people will change their jobs at least 8 times in their careers. The wider transferable skills have become essential as well as the academic requirements. We only have to look at the jobs which have changed over the last five years as technology has moved on, the world of work is going to look a very different place in the future. Knowledge and understanding of ourselves, our skills and strengths and how they can be used will be essential.





## Hints and Tips

- Talk to your child about their interests and what is important to them.
- Explore any career ideas they have and/or what they can see themselves doing.
- Help them to recognise their strengths and what they have a 'natural flair' for. This may help them to identify a fulfilling career
- What school subjects do they enjoy/are good at? Help them identify what careers link with these subjects.
- Get your child to identify their personal qualities and skills and find out how they relate to job roles.
- Talk to them about what you do as a job, and what other adults you know do for work.
- Tell them about any other job roles you have had before, and what personal qualities, skills and qualifications you found useful in those roles.
- If they have a clear idea about a particular career, help them to find out more about it. Will they need to study any specific subjects/course?
- Help them to explore the possible range of employers, apprenticeship providers and further education courses available locally and what skills and qualifications they require.
- Remember to be open-minded, a career choice is a personal decision. Do not try to steer your child to a particular direction/career because you think it is something you might like.
- Be patient as your child's choices may vary and change.

**Please be assured you and your young person are not alone at this time.**

Remember – help and support is available from **Kettering Science Academy**. If you are concerned or worried and would like any further support when helping your child, please contact Julie Thompson, Careers Advisor, email [jthompson@ketteringscienceacademy.org](mailto:jthompson@ketteringscienceacademy.org)