

Wellbeing Drop-In

We all have the right to feel safe all the time.

We can talk with someone about anything, even if it feels awful or small.

Year	Day	Where	Who
7	Monday	EHB 1.07	Mrs Head
8	Tuesday	COMMS COM 1.03	Mrs Nelson
9	Wednesday	MIT 0.13	Mrs Head
10	Thursday	AMI 0.20	Mrs Nelson
11	Friday	AMI 0.20	Mrs Head
12/13	Email Mrs Head for a time slot ahead@ketteringscienceacademy.org		



Mrs Nelson



Mrs Head

You can also email helpme@ketteringscienceacademy.org anytime and a member of staff will speak with you as soon as they can.

Please just drop in between 8.15am and 8.35am.

Don't worry alone, ask for help. A problem shared is a problem halved.

We are all in this together 😊

'Being the best you can be'