




HEALTH AND SOCIAL CARE LEVEL 2 – KNOWLEDGE ORGANISER – COMPONENT 1 – HUMAN LIFESPAN AND DEVELOPMENT

LEARNING AIM A -	LEARNING AIM B -
A1 – HUMAN GROWTH AND DEVELOPMENT ACROSS THE LIFE STAGES	B1 – DIFFERENT TYPES OF LIFE EVENT
<p>Main life stages:</p> <ul style="list-style-type: none"> Infants (birth to 2 years) Early Childhood (3-8 years) Adolescence (9-19 years) Early adulthood (19-45 years) Middle adulthood (46 - 65 years) Later adulthood (65+)  <p>PIES growth and development in the main life stages:</p> <p>Physical growth and development across the life stages, including gross and fine motor skills , growth patterns, primary and secondary sexual characteristics, menopause, loss of mobility, muscle tone/strength and skin elasticity</p> <p>Intellectual/cognitive development across the life stages, including language development, problem solving, abstract and creative thinking, development/loss of memory and recall</p> <p>Emotional development across the life stages, including bonding and attachment, independence and self-esteem, security, contentment, self-image</p> <p>Social development across the life stages, including the formation of relationships with others and the socialisation process</p>	<p>Physical events, to include:</p> <ul style="list-style-type: none"> Accident/injury Ill health <p>Relationship changes, to include:</p> <ul style="list-style-type: none"> Entering into relationships Marriage Divorce Parenthood Bereavement <p>Life circumstances, to include:</p> <ul style="list-style-type: none"> Moving house, school or job Exclusion from education Redundancy Imprisonment Retirement 
A1 – FACTORS AFFECTING GROWTH AND DEVELOPMENT	B2 – COPING WITH CHANGE CAUSED BY LIFE EVENTS
<p>Physical factors, to include:</p> <ul style="list-style-type: none"> Genetic inheritance Experience of illness and disease Diet and lifestyle choices Appearance <p>Social and cultural factors, to include:</p> <ul style="list-style-type: none"> Culture Community involvement Religion Gender roles and expectations Educational experiences The influence of role models The influence of social isolation Personal relationships with friends and family <p>Economic factors, to include:</p> <ul style="list-style-type: none"> Income/wealth Material Possessions 	<p>How individuals adapt to these changes:</p> <p>Sources of support:</p> <ul style="list-style-type: none"> Family, friends, partners Professional carers and services Community groups, voluntary and faith - based organisations <p>Types of support:</p> <ul style="list-style-type: none"> Emotional Information and advice Practical help, e.g. financial assistance, childcare, transport 